

ENDS AND TRENDS WITH KIM AND KAREN



Karen's Home Trend: Looking to sleep in a little more? And, really, who doesn't want that?! Try a pair of blackout curtains in your room. The investment may be worth it!

Blackout curtains help keep the light out – and help keep you sleeping longer. (Think hotel rooms in Las Vegas!) The magic curtains are known to assist babies and kids into getting a few more winks of shut-eye, too. (Definitely something Moms and Dads can appreciate!)

Not sure where to go? The curtains are available at most stores that sell window coverings. Try to get them when they're on sale or when there's a coupon; they're on the pricey side.

Happy slumber!